

# VWT e-Bulletin

Volume 18 – December 2006

**The Victorian  
Women's Trust  
staff**

**wish you all a  
safe and  
enjoyable  
holiday period**

**and**

**a peaceful New  
Year.**

## **TRUSTS GRANTS PROGRAM 2007**

The Victorian Women's Trust will be advertising for its 2007 Grants program towards the end of January, seeking project applications from organisations in early March.

If you would like to be alerted to the Granting Guidelines (containing areas of focus and the application form), please contact us by emailing [women@vwt.org.au](mailto:women@vwt.org.au) or by phoning (03) 9642 0422.

The Trust has a proud tradition of funding projects addressing women living in Victoria. Last year we included a special focus on addressing violence against women. While we will be retaining this as an area of concern in next year's guidelines, we will also be adding other areas of focus. Please refer to the Guidelines when applying.

**To download the VWT Granting  
Guidelines and Application Form,  
visit the Trust website at  
[www.vwt.org.au](http://www.vwt.org.au)  
and follow the link to Grants.**

## A granting success story...

In the 1998/1999 Victorian Women's Trust Granting program, \$9,985 was allocated to the Domestic Violence and Incest Resource Centre for their project on young women and relationships.

The booklet, '[When Love Hurts](#)', was developed for young women and aimed to promote positive and abuse free relationships. It was distributed in schools, tertiary education institutions and community and youth services.

The booklet has proven so popular that a number of organisations have reprinted their own versions of it.

[Domestic Violence and Incest Resource Centre](#)

# Give it a go girl!

by

Sarah Calleja with Nina Calleja

When Sarah Calleja's daughter, Nina, started Year 7 she was a new girl in a big school. Sarah thought things might look and feel pretty intimidating for Nina. However, there were no books for twelve year olds on how to survive and thrive during and after the transition. So Sarah and Nina decided to develop something positive and inspiring themselves. They sought to identify the biggest issue, which was that the strongest indicator for a successful transition was making and having friends. The stories of the girls they interviewed show clearly that the ability to survive and thrive was determined by how friendships became the connecting glue to the school community. They were shocked to discover that the advice all the girls gave was consistently and overwhelmingly that there is always hope for a better outcome when you... GIVE IT A GO GIRL!

Click here for [price details and a book order form](#)

## The other side of Christmas...

Over the holiday season this year, it is expected that there will be a 33% increase in the number of domestic violence incidents.

The Salvation Army will support 300,000 people this month (Source: [The Age, Dec 17, 2006](#))

### In 2005...

- 88% of Australians planned to donate up to \$100 to a charity: 37% up to \$50, 20% between \$51-\$99 and 12% intended to give more than \$100. The average planned donation was \$87.
- Although 65% of those aged 50+ were less likely to make a donation over Christmas than other age groups, their average planned donation was \$98 - the highest of all age groups.
- The average planned spend on food, presents and drink was \$838. 44% intended to spend up to \$500, 25% up to \$501-\$1000 and 18% over \$1000.
- The average planned spending for those with children (\$1061) was significantly higher than for those without children (\$703). (Source: [The Smith Family](#))